VDMFK-INFORMATION

ASSOCIATION OF MOUTH AND FOOT PAINTING ARTISTS
WORLDWIDE

Dezember 2016/193









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Ladies and gentlemen, Dear artists,

And so yet another year has drawn to a close...

I hope that this issue of the VDMFK magazine finds you all in good health.

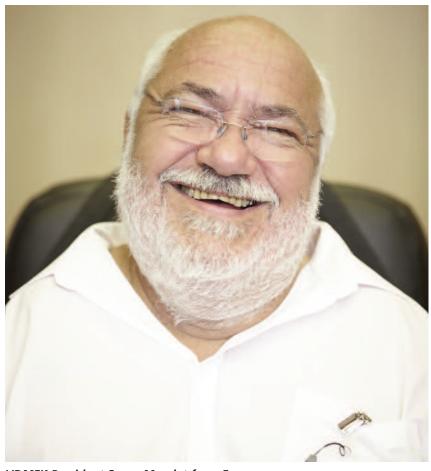
Above all I especially wish to thank the artists who have taken part in the 'Special Occasions' competition.

The sixtieth anniversary of the VDMFK is slowly but surely approaching and we are pleased to be able to celebrate this event in Barcelona. Sixty years is no mean feat. I am convinced that our founder, Arnulf Erich Stegmann, would be proud to see how well the Association has developed. Long may it continue to do so in the future.

The motto chosen for the third Delegate Convention of 1971 was: 'The individual is nothing, community is everything!' Today it has acquired its full meaning. It shows us how much we need to stand together and stay on the right track. We are fortunate to be able to do what very many of us feel truly passionate about: painting. Art is an extraordinary means of expression.

We, the artists, can express ourselves freely and enable our nearest and dearest, our friends and visitors to our exhibitions to feel our joys, our sorrows, and, quite simply, our emotions. Personally, I think it's like magic! And you?

In writing this foreword, I would also like to pay tribute to our Scholarship Holder, Maria Goret Chagas. She has been part of our great family of artists since 1 September 2006. We met a few years ago at a meeting of artists organised by the Association in Argentina. At the time she impressed me with her joie de vivre and even more by the passion with and for which she lives: painting. Her works enable you to feel her emotions. I especially appreciate this! On 19 October last year, Maria was awarded the Medal of Merit by the 'Divine Académie Française des Arts, Let-



VDMFK President Serge Maudet from France.

tres et Culture' in Paris. She also represented the VDMFK in the Carrousel Louvre at the '19th Salon International d'Art Contemporain' and was a perfect ambassador for our Association. I would particularly like to express my deep and sincere gratitude to Maria Goret Chagas!



I shall finish here by hoping that you enjoy reading this issue of our magazine. Dear artists, publishers and employees of the Association, I wish you all a happy new year with your family!

With artiwtic greetings

Serge Maudet President of the VDMFK

Miscellaneous

The St. Florian monastery in Upper Austria was the venue of an international exhibition organised and staged by the Austrian publishing house. 160 works by 80 artists were exhibited from 6 to 24 April 2016. 'Christ on the Cross', a painting by Mr Cristóbal Moreno Toledo, the late mouth painter from Spain, is now on permanent loan to the monastery for public display. Dr Ferdinand Reisinger, Canon Regular of St. Augustine's Order, has written a few words in this regard, which we are honoured to reproduce in full below: «two wooden beams one fixed to the other like stakes or planks on a boat drifting... without rest on them the son of man exposed abandoned homeless yet left fettered totally alone



'Christ on the Cross', a painting by the late Mr Cristóbal Moreno Toledo, is on display at the St. Florian monastery.

left to hang in darkness on blackened stakes. wishing to scream for a saviour - for a god perhaps. with clenched teeth fingers a contorted knee yet his muscles, strong, want to break up break out tense rigid in their helplessness. the look on his face falls silent and scream: "who can save us from our hell from the sea of flames...?" the fires rise high from a dead city. this man, exposed abandoned is the bearer of fate for all those burning burning in such distress perishing before our eyes...»

BRAZIL

- Various mouth and foot painting artists from Brazil participated in the 29th art exhibition of the São Paulo trade association which was held in the city's parliament building. Attending the event were the two Associate Members Mr Gonçalo Borges and Mr Marcelo da Cunha as well as Scholarship Holder Mr Ivanildo Gomes. The works presented at the exhibition were assessed and entered into a competition, in which Marcelo won the gold award. Scholarship Holders Mr Ronaldo Cupertino and Mr Ivanildo Gomes were awarded the bronze medal.



The three artists who took part in the exhibition: Mr Gonçalo Borges, Mr Marcelo da Cunha and Mr Ivanildo Gomes (from left to right).

SINGAPORE

- In Singapore, two events were held under the name 'Carnation Project', a project which aims to raise awareness for the talents of artists with disabilities. The events were organised by 'Republic Polytechnic'. The first exhibition took place at Novena Square on 17 and 18 September 2016. Participating artists included **Scholarship Holders Mr**

Tuck Chong Kok, Mr William Ngo and Mr Kaini Zhang. The second exhibition was held in Orchard Central on 1 and 2 October 2016. Here, the VDMFK was represented by Mr Benjamin Tan Boon Chuan (Full Member), Mr Tan Kok Leong (Full Member), Mr Gilbert Tan Yue Liang (Associate Member) as well as Scholarship Holders Mr Raymond Khee Huat Tan, Mr Aaron Yeo Kwok Chian and Ms Christina Lau Lay Lian.



Full Member Mr Tan Kok Leong at the painting demonstration.



Dennis Francesconi (Full Member/USA), 'Can we have that one?', watercolour, 28 x18 cm.

Exhibition in Switzerland



Participants seen together with their accompanying persons as well as teachers at the exhibition and workshop held in the Swiss city of St. Gallen.

The Swiss city of St Gallen served as the venue for a workshop which was accompanied by an international exhibition.

Five mouth and foot painters gathered in the Swiss city of St. Gallen to attend an exhibition and give painting demonstrations from 22 to 27 November 2016. They also held a workshop and talked and painted in front of school classes. These five artists were VDMFK President Mr Serge Maudet, the two German Full Members Mr Lars Höllerer and Ms Antje Kratz, the Swiss Scholarship Holder Ms Bracha Fischel,

and Austrian Scholarship Holder Ms Lea Otter. This eventful week was organised by the Swiss publishing house and began with a workshop accompanied by painting demonstrations. The workshop was led by Ms Kathrin Spahni, widow of the late Full Member Mr Klaus Spahni. The workshop continued the next day and a painting event including a painting demonstration was staged in front of schoolchildren. On the third day, the mouth and foot painters visited a classroom to give further painting demonstrations. The international exhibition was opened in St. Gallen's Tonhalle on the fourth day. 121 pictures by 22 artists from all over the world were exhibited on this occasion. All the artists attending the opening of the vernissage provided the many guests with a painting demonstration. The exhibition was opened by Roland Wäspe, Director of the St. Gallen Museum of Fine Arts. In addition, VDMFK President Mr Serge Maudet and Scholarship Holder Ms Bracha Fischel spoke a few words to introduce the event. During the following three days when the exhibition could still be visited, the mouth and foot painters gave more painting demonstrations which met with great interest on the part of the public.



German mouth painter Lars Höllerer provides a painting demonstration during the opening of the exhibition.



Antje Kratz, foot painter from Germany, gave a painting demonstration in front of pupils.

Exhibition in Switzerland



Lea Otter, Scholarship Holder from Austria, pictured on the right, with Ms Kathrin Spahni, widow of the late Full Member Mr Klaus Spahni, who led the workshop.



VDMFK President Mr Serge Maudet gave students a taste of his talent by providing a painting demonstra-



VDMFK President Mr Serge Maudet took the opportunity to speak a few words at the opening of the exhibition.

Following mouth and foot painters took part in the workshop and the opening of the exhibition:

- Mr Serge Maudet, Full Member from France, President of the VDMFK.
- Mr Lars Höllerer, Full Member from Germany.
- Ms Antje Kratz, Full Member from Germany.
- Ms Bracha Fischel, Scholarship Holder from Switzerland.
- Ms Lea Otter, Scholarship Holder from Austria.



Pupils were amazed by the painting skills of the artists Ms Bracha Fischel, Scholarship Holder from at the event.



Switzerland, chatting with a visitor.

Gallery opening

September 2016 brought great joy to Full Member Mr Vojko Gašperut from Slovenia. The mouth painter was able to open his own gallery with an exhibition.

«Every artist has a vision and an idea has dreams and would like to make wishes come true. One of my dreams came true today. I've managed to create a space in which I can paint and exhibit my works, where I can watch them from afar, from a greater critical distance and where I can keep them safe and sound. All this would not have been possible without the support of my family.» With these words, Vojko opened his own gallery in September 2016. He was honoured by the wellknown Slovenian art critic Ms Anamarija Stibilj Šajn, who agreed to give the opening address. In commenting on the works of the mouth painter, she said: «Vojko Gašperut retains a feeling of natural colourfulness in his landscapes and vedute. He adapts to prevailing atmospheric conditions, changes in the natural cycle of time, peculiarities of individual milieus, and to vegetation and geographical features. Because of changes in colour and light, he tells stories and expresses his personal relationship to the outside world by showing his inner spiritual realities.»



Mr Vojko Gašperut, Full Member from Slovenia, was clearly delighted to open his own gallery.



Publisher Mr Florian Stegmann also attended the opening of the gallery and congratulated the artist in person.

The following artists participated in the opening of the gallery:

From Slovenia: Benjamin Žnidaršic, Full Member; Silvo Mehle, Associate Member; Dragica Sušanj, Scholarship Holder; Eric Pibernik, Scholarship Holder; Neja Zrimšek Žiger, Scholarship Holder and Željko Vertelj, Scholarship Holder.

From Croatia: Stjepan Perkovic, Scholarship Holder

From Israel: Yitzhak Adir, Full Memher



Mr Silvo Mehle, Associate Member from Slovenia, painted a portrait of Vojko Gašperut.



Slovenian art critic Ms Anamarija Stibilj Šajn gave the opening speech.



Heinz Halwachs (Full Member/Austria), 'Bouquet of wild flowers', watercolour, 40x30 cm.

The significance of painting

The significance of painting as seen by the mouth painter Jovito Sasutona, Associate Member from the Philippines.

The significance of painting

Painting always fills me with peace and pride. It soothes me, challenges me and gives me a feeling of achievement because I know I am capable of creating something all by myself... even though I need my wife to prepare my materials and clean up afterwards!

N serious swimming accident in 1980 left me paralysed from the neck down. At the age of 17 my world was completely shattered. I was disgusted at myself, even, and had a feeling of complete hopelessness. I wish to thank my occupational therapists who encouraged me to write with my mouth. After one and a half years of being in hospital, I practised writing at home and then tried to draw and paint.

Ever since I was a boy, I have always been deeply fascinated by art and drawing. Painting has inspired me and



Jovito Sasutona, Associate Member from the Philippines.



Jovito Sasutona (Associate Member/Philippines), 'Keith', watercolour, 38x29 cm.

driven me to learn and try harder to transform the ideas that I have in my mind into something specific on canvas or paper by using my mouth and with the aid of brushes and paints... For me, this ability to turn my thoughts, feelings and ideas into art is a great pleasure.

Since I have a lot of time, painting is my constant companion, my confidant, my best friend and the love of my life. Painting gives me the feeling of accomplishment and makes this life worth living. Although I've found that learning more and working better is always a bit of struggle, it's also great fun. I love to paint! Painting is my breath of life – it's God's way of saying that he has never abandoned me! Painting has empowered me and, in a sense, made me noble!

The significance of painting

Ny deepest gratitude goes to the VDMFK and its founders. After all, the Association has enabled me to grow not only as an artist but also as a person. One of the worst feelings you can have as a human being is to be a burden on someone else. The Association has enabled me to exhibit my works across the world and achieve financial independence. I hope this has also helped me inspire others!

Jovito Sasutona Associate Member/Philippines



Jovito Sasutona, (Associate Member/Philippines), 'Fishmonger', oils, 36x31 cm.

Sasutona, Jovito

Date of birth: 19 February 1963 Place of birth: Libon Associate Member since: 2007 Painting method: Mouth painter

Jovito Sasutona injured his spine at the age of 17 in a swimming accident which left him paraplegic. He has been bound to a wheelchair ever since. As a result, he taught himself to write and paint with his mouth and began to create his artworks. Here he distinguished himself as a great talent. He became a Scholarship Holder of the Association in 1989. Major progress on his part led to him becoming an Associate Member of the VDMFK in 2007. The tremendous landscapes and vegetation of its home islands form the main subject matter of Jovito's highly original and powerful paintings. In this regard his accurate and detailed rendering of his scenes are outstanding. Jovito's different visual creations compete significantly with classical art.



Jovito Sasutona (Associate Member/Philippines), 'Hibiscus', watercolour, 37x27 cm.

New Members

New Full Members

SOUTH AFRICA

Opperman, Chris

Date of birth: 6 November 1969 Place of birth: Lichtenburg Painting method: Mouth painter Associate Member since: 2011

Chris Opperman was born in Lichtenburg, a small town situated in North West Province of South Africa, on 6 November 1969. Chris left school in 1987. One year later he began to study theology. In 1989, on the day he wrote his final term paper, he was involved in a serious fall and broke his fifth cervical vertebra. During his occupational therapy he was provided with a paintbrush, paints and a figure made of polystyrene. Initially, however, he displayed next to no interest in painting. It was only when he moved to a home for tetraplegics in 1992 that he saw other residents painting with their mouths. This inspired him also to have a go, and he found that he very much enjoyed the experience. He subsequently became deeply



Until now Chris Opperman from South Africa has been an Associate Member of the VDMFK family. From 1 March 2017 he will become a Full Member of the Association.

passionate about painting. In 2002 the Association awarded him a scholarship. He has been an Associate Member of the VDMFK since 2011. On 1 March 2017 he will become a Full Member of

the VDMFK. Chris particularly enjoys painting with oils. In general, his motifs include landscapes from his home country, wildlife and people.

New Associate Members

SOUTH AFRICA

Marzinger, Dieter

Date of birth: 18 October 1971 Place of birth: Piet Retief Painting method: Mouth painter Scholarship Holder since: 2005

Dieter Marzinger was born in Piet Retief (South Africa) on 18 October 1971. Prior to his serious accident in May 2002 Dieter was a karate trainer and teacher. During a swimming dive into a river bed he broke his spine at the level of the C5 and C6 vertebrae. This left him tetraplegic. In November 2002 he first started his attempts to paint with his mouth. Right from the outset he painted all by himself and managed to



Dieter Marzinger shall become an Associate Member of the VDMFK on 1 March 2017.

make considerable artistic progress in a very short time. Dieter particularly

enjoys painting landscapes from his homeland.

The VDMFK shall support the following mouth and foot painters as new Scholarship Holders starting from 1 March 2017.

ARGENTINA

Favaro, Silvia Adriana

Date of birth: 16 October 1961 Painting method: Mouth painter

Silvia Adriana Favaro was born in Mendoza, Argentina, on 16 October 1961. Silvia is married and the mother of two children. In 1987 she was diagnosed with multiple sclerosis. Since 1994 she has been confined to a wheelchair. Silvia learned the techniques of mouth painting on a course. She met Scholarship Holder Claudia Carmen Sánchez at a workshop organised by the 'Asociación Mendocine Esclerosis Múltiple'. In March 2016 the local government of Mendoza awarded her a distinction for her works. Together with Claudia and José Scacco, one of Argentina's most recognised plastic artists, she took part in her fourth exhibition during September 2016.

BELGIUM

Steinmetz, Cathy

Date of birth: 19 May 1971 Painting method: Mouth painter

Cathy Steinmetz was born in 1971. Cathy's arms and legs are paralysed. In addition, she is unable to talk. Ever since birth she has always been taught to cope on her own. She has lived in several specialised facilities since childhood. In these, she discovered the pleasure of watercolour painting. Initially, she used a «unicorn» (a kind of helmet with a metal rod to which a paintbrush is attached). This technique did not suit her, however, so a teacher suggested that she paint with her mouth. She has refined her brush technique over the years under various teachers. Cathy is a strong character and despite all her difficulties she has lived on her own for ten years. She

also pursues other activities such as wheelchair dancing, swimming and secretarial work. Cathy stopped painting for a time until a year ago, when she rediscovered her painting equipment and began painting once again – this time on her own. She paints photos which she particularly likes and sometimes has to apply several layers of paint until she is satisfied with the result. Cathy paints for fun, for her pleasure and likes to give her pictures away to people who like her.

COLOMBIA

Marroquin Bonilla, Yeimar

Date of birth: 10 February 1973
Painting method: Mouth painter

Yeimar Marroquin Bonilla was born in Rovira on 10 February 1973. After seven years of service in the national police force, he was shot in the neck. This incident left him a quadriplegic. He lives with his wife in the city of Ibagué and dedicates himself to mouth painting. Yeimar enjoys painting landscapes of his region in oils and hopes at some point to be able to open a small business. Currently, he is studying under Professor Carlos Para.

Puerto Villomzar, Juan Carlos

Date of birth: 20 November 1982 Painting method: Mouth painter

Juan Carlos Puerto Villomzar lives in the city of Arauca, on the banks of the eponymous river lining the border to Venezuela. About seven years ago, when chasing a football, he jumped into the river without previously chekking the depth of the water. This resulted in a fracture of his cervical vertebrae and a spinal cord injury which left him completely quadriplegic. Two-and-ahalf years ago he discovered mouth painting and now wants to give life to the typical landscapes and wildlife of the Arauca plains by capturing them in beautiful paintings.

ESTONIA

Samatauskas, Tarmo

Date of birth: 8 January 1988 Painting method: Mouth painter

Tarmo Samatauskas was born in Tallinn on 8 January 1988. Tarmo has lived in a small town called Saue for the past 16 years. When he was nine years old, he came across a group of drunken hunters. They mistakenly thought he was a stray dog and shot at him. Tarmo received bullet wounds to his torso, head and neck. One of the bullets which hit him in the neck caused a serious trauma which led to paralysis (tetraplegia). His spinal cord is injured at the C4, C5 and C6 vertebrae. He cannot use his body from the shoulders down. From 2007 to 2011 he studied at the University of Tallinn as an Estonian language editor but did not complete the course. Tarmo discovered art for the first time during his rehabilitation. One of his therapists suggested that he have a go at drawing with his mouth. He thought this was a great idea and enjoyed drawing a lot. It also helped him strengthen his neck and shoulder muscles. After his rehabilitation he began drawing again. His teacher was pleased and impressed by Tarmo's results. In recent years Tarmo has also been busy painting in his spare time again. He had a lot of spare time at home, and so painting became an interesting activity. Tarmo realised that it was highly therapeutic for him. Painting helps him to calm down and focus. It has become his favourite hobby. Above all, he wants to concentrate on art, drawing and painting in future. He wishes to develop his skills still further and find various ways and techniques in order to practise them.

Continued on page 14

FINLAND

Sergejeff, Sisko Kristiina

Date of birth: 20 November 1960 Painting method: Mouth painter

Sisko Kristiina Sergejeff was born in Finland on 20 November 1960. Sisko works for her own accounting firm. which is based in Li, Finland. She was diagnosed with arthrogryposis multiplex congenita (AMC), a condition that causes many joints to be stiff. Sisko has drawn and painted all kinds of pictures since early childhood. She uses her feet to draw with a pencil and operate a computer mouse; and she uses her mouth to paint pictures in oils. Sisko attended the primary school for special needs in Lohiopato and the Karjasilta secondary school in Oulu. After taking time out for a year, she completed the Merikoski commercial college business school.

FRANCE

Marseille, Michael

Date of birth: 26 June 1974 Painting method: Mouth painter

Michael led a life dedicated to others: he was a masseur, a therapist in kinaesthetic therapy and an instructor in psychological preparation for athletes. He then suffered from spontaneous medullary ischaemia, and became a quadriplegic at the age of 32. An occupational therapist and another patient in the rehabilitation centre challenged him to try painting something with his mouth. Since then, mouth painting has become a means of expression, a form of rehabilitation and a route enabling him to break out from his condition. As someone fascinated by mountains and the sea, his pictures vary depending on the seasons, years, and above all his own challenges. He came across the Association in the course of a meeting with Full Member Henry Clairy Hembert at the

exhibition atelier in Berck-sur-Mer.

Planchenault, Lionel

Date of birth: 18 February 1955 Painting method: Mouth painter

Lionel Planchenault was born in Paris on 18 February 1955. After a somewhat undistinguished early education, he left school in the fifth grade and attended the L.E.P. (Lycée d'enseignement professionnel – secondary school or vocational training). Three years later in 1972, he received the C.A.P. (Certificat d'aptitude professionnelle - vocational training qualification) as a plumber. On 1 July 1972 he began working for a craftsman in Paris. On 27 July 1972 he was driving home on his motorcycle when he was hit by a car. This accident left him tetraplegic. He was 17 years old and his life as a 'free man' ended at this point. What followed was a long and painful path to rehabilitation. Lionel had lived and expressed himself through his hands, but now he had to make do without them. He began teaching himself to paint on the advice of his physiotherapist in 1976.

GREAT BRITAIN

Poyser, Jeanne

Date of birth: 26 March 1950 Painting method: Mouth painter

Mouth painting is a natural, creative outlet for Jeanne Poyser and has rekindled her lifelong passion for art. Before being diagnosed with primary progressive MS in 1996, Jeanne had spent a long career as a paediatric nurse and had started a family. Following the diagnosis, Jeanne managed to extend her career by switching to a child development centre, where she worked with handicapped children for eleven years. Jeanne took early retirement at the age of 55 and set herself three goals: to research her family tree, to take more time to read, and to pursue her interest in painting – something that she had been obliged to put on hold in previous years due to her work commitments. Jeanne has always had a passion for art. She not only enjoyed discovering the history of art but also wanted to explore her own creativity by studying to become a silversmith and by graduating in textile design and embroidery. When Jeanne was first diagnosed with MS, her yoga teacher told her to focus on what she could, not on what she could not do. Ever since that day, these words have resonated in Jeanne's pragmatic and motivating character. Jeanne is proud of her 'can do' attitude. Having lost movement in all four of her limbs, she has adapted her interests to her abilities and passions. Mouth painting has enabled Jeanne to express her creativity once more and at the same time to deal with her disability. Jeanne enjoys her discovery of painting and is still also searching for her artistic form of expression. She will eventually decide between acrylics and oils. In particular, she is interested in light and shadow and in exploring her understanding of the art of aesthetics and design.

INDIA

Ghosh, Mridul

Date of birth: 4 June 1988 Painting method: Mouth painter

Mridul Ghosh was born in Gruah, India, on 4 June 1988. Mridul lives together with his mother, brother and sister. His father died last year and left all the responsibility for the family on his shoulders. Mridul was in the Indian air force. Whilst on active service in 2010, he was involved in an accident in which he injured his C5 and C6 vertebrae. After three years of treatment he was discharged from the service in 2013. He now leads his life confined to a wheelchair with four paralysed limbs. Mridul currently lives at the Paraplegic Rehabilitation Centre in Pune. He felt his passion for painting early on in his life but could not live out his dream because there was nobody to teach and guide him. He is now trying to live out his passion during this new stage in his life. Painting has

given his life a new perspective: he sees the world through the various colours of his paintbrush.

Grover, Ruchi

Date of birth: 16 April 1982 Painting method: Foot painter

Ruchi Grover was born in Panipat, India, on 16 April 1982. On 4 September 1993, at the age of 11, Ruchi came into contact with a high-voltage power line due to a television antenna which had fallen from a house. She lost her mother and her older brother in the accident. Ruchi fought for her life during the two months which she spent in a hospital in New Delhi. She lost both her arms, her earlobes as well as a part of her scalp and hair. She runs her household completely on her own. Ruchi has learned the art of sewing with a normal sewing machine and makes suits, saris, small bags and bags. Around the age of 16 year she learned to paint with oils under a local painter. A small exhibition was held at local level, during which she was able to sell her pictures, small bags and pouches.

Thomas, Jilumol Mariet

Date of birth: 10 October 1991 Painting method: Foot painter

Jilumol Mariet Thomas was born in Thodupuzha on 10 October 1991. Jilumol was born without hands so she performs all her activities with her feet. She writes and draws with her right foot. Jilumol has drawn pictures since childhood. Her favourite hobby is drawing. Most of all, she likes to create pencil drawings. She left school after completing the 12th grade. Later on, she graduated with a bachelor's degree in art (animation and graphic design) at the St. Joseph College of Communication (SJCC) in Changanacherry, Kerala. Jilumol learned of the Association through her contact with Scholarship Holder Augustine Swapna.

INDONESIA

Amanatullah, Muhammad

Date of birth: 4 May 1993 Painting method: Foot painter

Muhammad Amanatullah was born with truncated arms and legs on 4 May 1993. This shocked his deeply religious parents. But their faith was strong, and so they believed that God had ordained them to raise him. As a result, they gave him the name Muhammad Amanatullah. Muhammad is the youngest of six children. He attended a primary school for children with disabilities up to the fifth grade and went on to attend public schools up to high school. His participation in various competitions in the fourth grade led him to begin painting. First he used coloured pencils, then water colours, acrylic paints and eventually, in the workshops of Mr Komang, oil paints. In addition to taking part in competitions, he also received invitations from various institutions to carry out painting demonstrations. Muhammad has also been interviewed on television. He says that his contentment with life is largely due to his ability to paint. He met Sabar Subadri at an art fair and found out about the VDMFK from him. Muhammad hopes that he can continue his life as an artist and show the world that he has something to give, despite his disability.

MEXICO

<u>Taba Cedillo,</u> <u>Carlos Leobardo</u>

Date of birth: 30 June 2001 Painting method: Mouth painter

Carlos Leobardo Taba Cedillo was born in the Federal State of Mexico on 30 June 2001. He was born without upper and lower limbs. When Carlos was three years old, his mother enrolled him in a kindergarten for children with special needs. The teachers, however, realised that his disability was only physical

in nature and recommended that he should be enrolled in a normal kindergarten. Even though he knew that he has in some way 'different', he had a happy childhood. His family and teachers always included him in all kinds of activities. During a computer class, he met Cesar Omar Moreno Diaz, a colleague with the same physical restrictions. Their mothers talked about their experiences and, as a result, he learned of the Association. In December 2012, he met Ms Raquel Hernández from the Mexican publishing house. She spoke with him about the possible opportunities that membership of the Association might offer. She arranged for him to meet the painting teacher Ms Cristina López Franco, who taught Carlos for three years.

ROMANIA

Moraru, Denisa-Alexandra

Date of birth: 8 November 2006 Painting method: Mouth painter

Denisa-Alexandra was born in Bacau on 8 November 2006. When she was six months old, Denisa-Alexandra was lying down at the family home. Her mother had gone to the outdoor well to fetch water but left the door open. A hungry pig used this opportunity to bite off both the girl's hands. The child was taken to the hospital as quickly as possible but there was no hope left of saving her hands. Denisa-Alexandra has two siblings who are also cared for at the YANA (You Are Not Alone) children's centre.

SINGAPORE

Hoon, Wei Liang Victor

Date of birth: 4 January 1985
Painting method: Mouth painter

Victor Hoon was born on 4 January 1985. Victor suffered a severe spinal

Continued on page 16

cord injury at the C4 and C5 vertebrae as a result of a traffic accident in 2005. He was introduced to mouth painting at a demonstration which was organised by the Society of the Physically Disabled. He was encouraged by our Scholarship Holder Christina Lau Lay Lian to take up this activity. Christina also showed him some painting techniques. Slowly, his interest in mouth painting grew and he is now constantly trying to improve his techniques. He considers mouth painting a meaningful and significant activity in the wake of his accident.

SOUTH AFRICA

Segapo, Thatofatso Gorden

Date of birth: 7 October 1993 Painting method: Mouth painter

Thatofatso paints watercolours with his mouth. He is able to bring his artworks to life by letting clean and bright colours flow into each other. Due to congenital brain damage, he was classified as a quadriplegic. He has problems with walking and is completely unable to use his hands and arms. Thatofatso is an inspiration to us all. His determination, enthusiasm and his positive attitude to life is reflected in his works. He is an absolute example of a winner and not a victim.

Tshabangu, Petrus

Date of birth: 16 October 1970 Painting method: Mouth painter

Petrus Tshabangu was born in South Africa on 16 October 1970. Following a car accident, he was left C5 quadriplegic with severe spasticity. He began painting with his mouth four years ago and shows considerable potential in his pictures. Every Tuesday he embarks on an arduous journey and travels to the Lat Wiel Self Help Centre for Tetraplegics in Pretoria where he paints with other artists.

USA

Robinson, Dejuan

Date of birth: 28 November 1995 Painting method: Mouth painter

Dejuan Robinson was born in Chicago on 28 November 1995. Dejuan was shot nine times when he was 17 years old. Obviously, this marked a very traumatic time in his life. He found his passion in painting and was lucky enough to find a painting therapist at his rehabilitation centre who encouraged him to take up mouth painting. Dejuan was again fortunate to meet our Associate Member Mariam Paré and scholarship holder Antonio Davis. Over the years the two artists have helped him become a mouth painter.

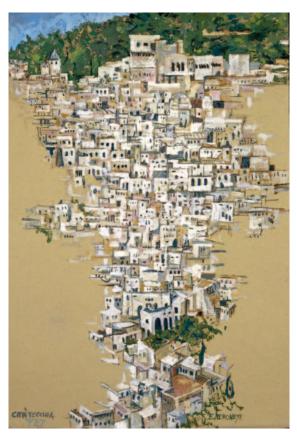
VDMFK personalities

In this section we are honoured to introduce you to mouth and foot painters who have rendered outstanding services to the VDMFK in the course of its nearly 60-year history. This time around we present former VDMFK President Eros Bonamini from Italy.

Eros Bonamini was born in Verona on 20 December 1942. His childhood was relatively peaceful. Eros went on to graduate from technical school before a sports accident completely changed his life. In the course of a head long dive, he injured his backbone and was confined to a wheelchair as a result. During the long break caused by his therapy and adjustment to new physical conditions, he devoted himself passionately to literature and classical music. In the process he also came across painting, in which he totally immersed himself. Mouth painting became his daily preoccupation. Various artists taught him different techniques and the basics of art. He had already become a Full Member of the Association by 1966 and was elected to the Managing Board in 1992.



Eros Bonamini was President of the Association of Mouth and Foot Painting Artists from 2002 until his death in November 2012.



One of the most famous works by Eros Bonamini shows the old quarter of the city of Fez in Morocco.

In October 2002, at the General Assembly in Lisbon, he was elected President of the Association of Mouth and Foot Painting Artists Worldwide.

Eros signed his pictures with his artist's name of 'Veronese' and developed his great talent as a mouth painter in a remarkably short time by studying under two professors. His main artistic style was based on the traditions of Cubism, which he expressed in his still lifes and landscapes. Eros' compositions clearly pointed to his artistic intellectuality. From 1965 onwards he began regularly to display his pictures at joint and solo exhibitions around the world. Eros habitually received outstanding reviews for his art works.VDMFK President Eros Bonamini passed away on 4 November 2012.

We mourn for

AUSTRALIA

Mooney, William Wallis

Date of birth: 11 February 1942 Passed away on: 16 October 2016 Painting method: Mouth painter

As a young athlete, William Wallis Mooney had everything to look forward to until one disastrous day when, at the age of sixteen, he was injured in a diving accident which broke his spinal cord and left him paralysed from the shoulders down. From that time onwards he was confined to a wheelchair. He began painting in 1960 and spent a good six months of his life creating etchings of Australia. He then displayed his works at the headquarters of a major bank in Melbourne in what turned out to be a successful exhibition. William began his artistic career at the end of 1961. He then spent the next two years working on exercises and



Full Member William Wallis Mooney from Australia passed away on 16 October 2016.

general lessons devised by his teachers at a small art school outside Melbourne. During this period he was awarded a scholarship from the VDMFK. In 1963 he went on to become a Full Member of the Association. From this time onwards William worked full time as an artist. He exhibited his works across the entire world. Executed in oils and watercolours, his paintings mainly depict Australian landscapes and coastal landscapes. In general, his work is dominated by landscapes of steppes and hills, by red mountains and river valleys. His fascinating visual experiences in the natural outdoors of the fifth continent inspired him to create ethereal images reminiscent of fairy tales and dreams. He participated in local and international exhibitions as well as art events, in the course of which he won several prizes, distinctions and awards

ITALY

Barzon, Mario Cav.

Date of birth: 29 September 1942 Passed away on: 4 June 2016 Painting method: Mouth painter

Cavaliere Mario Barzon was born completely paralysed. At the age of 24, he started teaching himself to paint. He also took regular lessons under the guidance of experienced master painters. He has written articles and short stories for various newspapers. Astoundingly, the Association awarded him a scholarship only a year after his first attempts to paint. In 1992 he became a Full Member of the VDMFK. In addition to painting he worked very successfully as a writer. Commenting about his pictures, Mario wrote that they were 'shining suns, white winters, clear waters and trees from the landscape of the Veneto. They serve as an expression of an impetuous, natural and genuine joie de vivre which is reconquered every day and becomes even more authentic for that reason'. His style of painting was expressionistic; his use of colour as fresh, clear and simple as his subject matter; and occasionally he would add sometimes lively, sometimes violent nuances. From 1954 Cavaliere Barzon lived in Senago (Metropolitan City of Milan), where he established a permanent exhibition of

his works for the public. He received numerous awards and distinctions for his paintings. Furthermore, he was also awarded the distinction of 'Cavaliere dell' Ordine della Repubblica Italiana' by former Italian President Sandro Pertini. Cavaliere Mario Barzon passed away on 4 June 2016.



Full Member Cavaliere Mario Barzon from Italy passed away on 4 June 2016.

We mourn for

Deceased Scholarship Holders

ARGENTINA

Zukerman, Karina Elisabeth

Date of birth: 15 April 1970
Passed away on: 19 September 2016
Painting method: Mouth painter

Karina Elizabeth Zukerman was born on 15 April 1970. Karina, a mouth painter, had suffered from arthrogryposis since birth. In 1986 art professor Mabel Principe taught her to paint with her mouth. Karina became a VDMFK Scholarship Holder in 1988. She was always highly dedicated and attended a painting class under Cesar Fernández. Karina Elizabeth Zukerman passed away on 19 September 2016.

HUNGARY

Szabó, Szonja

Date of birth: 2 February 1978 Passed away on: 3 October 2016 Painting method: Mouth painter

Szonja Szabó was born in Tata on 2 February 1978. She had been paralysed in all four limbs since birth. Szonja attended elementary school right through to the eighth grade. She began mouth painting in 1988. Szonja took private art lessons for three years and became a VDMFK Scholarship Holder in 1994. She also managed to take part in a number of exhibitions. Her hobbies included reading, listening to music and watching television. Szonja Szabó passed away on 3 Oc-tober 2016.

ICELAND

Backman, Edda Heidrun

Date of birth: 27 November 1957 Passed away on: 1 October 2016 Painting method: Mouth painter

Edda Heidrun Backman was diagnosed with a motor neuron disease (MND) in 2003. She suffered from a progressive weakness of her muscles in all her extre-

mities and from diminishing lung capacity. As a result, she became completely bound to a wheelchair. From the time of her diagnosis, she focussed her attention on ceramics, glass painting and oil painting. Increasingly, she dared to take on even greater challenges. She lived with her husband and her daughter in Iceland. In 1983, the mouth painter graduated from the Icelandic School of Drama. After this she went on to be extremely active in Iceland as well as in other countries as an actress, film director and singer. She received several awards from the Icelandic Academy for her achievements and was designated artist of the year in Reykjavik in 2006. The President of Iceland awarded her the Order of the Falcon in 2005 for her work to promote Icelandic theatre. She became a VDMFK Scholarship Holder in 2010. Edda Heidrun Backman passed away on 1 October 2016.

ISRAEL

Bracker, Miriam

Date of birth: 15 March 1947 Passed away on: 4 October 2016 Painting method: Mouth painter

After graduating from a lycée, Miriam Bracker trained to become a technical draughtswoman during her military service. The first signs of an atrophic disease which would harm her central nervous system occurred in 1976. The disease paralysed her upper and lower limbs. Under the guidance of a painting teacher, Miriam began painting with her mouth in 2000. She had already become a VDMFK Scholarship Holder by 2002. Miriam Bracker passed away on 4 October 2016.

MEXICO

López, Jorge Torres

Date of birth: 4 June 1943
Passed away on: 26 June 2016
Painting method: Mouth painter

Jorge Torres López was born in Mexico City on 4 June 1943. He completed kindergarten and primary school. Jorge was bed-ridden for 18 years due to severe rheumatic arthritis. He was completely unable to use his arms or legs and could barely move his head during this time. Jorge taught himself to paint with his mouth. Since he steadily made considerable progress with his paintings, he consequently received special lessons and participated in several national exhibitions. The Mexican press and television frequently reported on Jorge's work. He became a VDMFK Scholarship Holder in 1982. Jorge Torres López passed away on 26 June 2016.

SENEGAL

Diongue, Yonni

Date of birth: 5 April 1995
Passed away on: 6 November 2016
Painting method: Mouth painter

Yonni Diongue was born in Ziguinchor on 5 April 1995. She suddenly fell ill at the age of ten, when she was in the first grade of primary school. Yonni lost consciousness and was subsequently in a coma for over a month. When she awoke again, she found she could no longer speak or use her legs, hands or arms. After intensive physiotherapy she managed to talk again. Her parents encouraged her to paint with her mouth and she began teaching herself to do so in 2010. Yonni made rapid progress and even managed to exhibit her paintings in Dakar and the surrounding region. She became a VDMFK Scholarship Holder in 2015. Yonni Diongue passed away on 6 November 2016.

TAIWAN

Hsiao, Wen-Yao

Date of birth: 15 September 1973 Passed away on: 24 April 2016 Painting method: Mouth painter Wen-Yao Hsiao was born on 15 September 1973. He used to work in a bicy-

Continued on page 20

We mourn for

cle factory. One day, in March 1997, his head became caught in a machine, causing a spinal trauma and leaving him quadriplegic. For a while he was only able to survive with the aid of a respirator. He became aware of mouth painting through the support of Mr Hsueh and first became a VDMFK Scholarship Holder in 2003. Wen-Yao Hsiao passed away on 24 April 2016.

Hung, Te-Sheng

Date of birth: 12 February 1960 Passed away on: 17 July 2016 Painting method: Mouth painter

Te-Sheng Hung attended high school and specialised in architecture. Upon completion of his military service he worked for an insurance company. Shortly afterwards he married and became the father of two children. On his way home from work in April 1996 he had a serious car accident which caused a cervical spine injury. Te-Sheng was left completely paralysed and required a wheelchair from that time onwards. He discovered the possibilities of mouth painting through the Association of People with Disabilities in Dah Li Shi and began regularly to attend painting classes. The mouth painter mainly focussed on natural outdoor subjects. He became a VDMFK Scholarship Holder in 2003. Te-Sheng Hung passed away on 17 July 2016.

USA

Flores, Onix

Date of birth: 15 May 1960 Passed away on: 1 July 2016 Painting method: Mouth painter

Onix Flores was born as the second of five children in Honduras, Central America, on 15 May 1960. When she was two years old, her mother noticed that she was unable to walk. An orthopaedic surgeon thought that her feet were not growing straight and prescribed her extra hard shoes, which only exacerbated the poor physical condition of her feet and crippled them even more. She underwent an operation and eventually received callipers which covered the entire length of her legs. On the advice of her doctor, her parents consulted a specialist in the United States. She was diagnosed with Charcot-Marie-Tooth disease (CMT) and two years later with Multiple Sclerosis. Altogether, she underwent thirteen operations from the age of five until the age of 34. Due to her medical history, she only started to attend kindergarten at the age of six. When she was nine, she moved to the United States and spent part of her school years in hospital because of her operations. Thanks to the tutors who taught her in hospital she managed to graduate from high school. In Honduras she then had to start from scratch and complete the whole of her secondary school education in Spanish. Eventually she graduated from a six-year course in accountancy at a colegio. In 1984 she moved back to the USA and completed her bachelor's degree in Christian

Studies at the Moody Bible Institute. During this period in her life she was supported and cared for by her grandmother and aunt. In 1994 she married her long-time boyfriend. She worked as an English teacher and, during the weekends, as a youth group leader. From 2002 onwards she required a respirator and lived in a hospital in Illinois. There, Onix was encouraged to take up painting by a therapist. This developed into a genuine passion for her. She found her information, tips and ideas in magazines and books as well as on the Internet and practised working with new materials and techniques. The VDMFK first granted her a scholarship in 2009. Onix Flores passed away on 1 July 2016.

Scarbrough, Sharon L.

Date of birth: 22 July 1944
Passed away on: 7 August 2016
Painting method: Mouth painter

Sharon L. Scarbrough was born in in Dunsmuir, California, on 22 July 1944. Due to a hereditary disease - spinal muscular atrophy - she gradually started to lose control and use of her hands and arms at the age of 27. It was then that her disease became evident. As her condition deteriorated still further, she found herself no longer capable of using her upper and lower extremities and was therefore obliged to live in a nursing home. In 2013, she tried to paint with her mouth for the first time by herself. She greatly enjoyed the experience and became a VDMFK Scholarship Holder in 2015. Sharon L. Scarbrough passed away on 7 August 2016.

Deceased publishers

TAIWAN

It is our sad duty to inform our readers that our long-serving publisher Henry Ching from Taiwan passed away on 22 October 2016. Together with his wife, Bernie Cheng, he guided the fortunes of the publishing house for over 35 years and played an instrumental part in the success of Taiwanese mouth and foot painters. Thanks to his business acumen and great dedication he managed to discover, support and promote many mouth and foot painters in Taiwan. Henry was born on 28 February 1933. We shall always cherish the memory of Henry as a kind, open-hearted gentleman.



ARGENTINA

Barcia, César Andrés (Scholarship Holder)

- César Andrés displayed a selection of his works at the «Arts 2016» exhibition which was held at the «North Center Lifestyle Mall» from 17 to 19 June 2016.

BRAZIL

Ribeiro Santos, Thiago (Scholarship Holder)

- Thiago took part in the Brazilian Navy's 21st art exhibition which was held in autumn 2015. In the course of the exhibition, one of his works was displayed at three different venues around Rio de Janeiro and São Paulo. In addition, he also participated in the 'Traces of Overcoming' exhibition which was held at the city council building of Petrópolis from 4 to 14 December 2015. Other artists taking part in this exhibition were Scholarship Holders Ms Danielle Dias de Souza, Mr Jefferson Maia Figueira, Mr Luciano Alves dos Nascimento, Mr Eduardo Moreira de Melo. Mr Victor Pereira Santos and Mr Carlos Eduardo Rosa Fraga.

Rosa Fraga, Carlos Eduardo (Scholarship Holder)

- Carlos Eduardo participated in numerous exhibitions between September and December 2015. These included a competition of the Society of Fine Arts which was held in Rio de Janeiro from 10 to 17 December 2015. In addition, he displayed his works at the «50 Anos do Aterro do Flamengo» exhibition in October 2015 and the «Clube Naval» competition which lasted from 24 September to 9 October 2015.

COLOMBIA

Barrera, Carlos Arturo (Scholarship Holder)

- Carlos held a solo exhibition at the «Michelangelo» cultural centre in Barranguilla on 8 September 2016.

CROATIA

Perkovic, Stjepan (Scholarship Holder)

- Stjepan participated in the «Jarunska duga 3» art colony in Zagreb with over 100 artists from Croatia on 29 May 2016. Organised by the Muscular Dystrophy Association, the event was attended by the Mayor of Zagreb. In addition, Stjepan held a solo exhibition at the Association of Physically Disabled People in Zagreb from 14 to 30 June 2016.

GREECE

<u>Iliadis, Triantafillos</u> (Full Member)

- Triantafillos had the honour of inaugurating the new «Karapantsio» cultural centre with a solo exhibition which was held from 20 to 25 March 2016. By doing so, he fulfilled a wish of the local mayor. The artist was able to welcome many visitors on this occasion. At the invitation of the municipality of Veria he also held a solo exhibition in the «Antoniadios» cultural centre from 11 to 15 April 2016. This exhibition was attended by several political and church representatives as well as the mayor.

ITALY

Portelli, Santina (Full Member)

- Santina held a solo exhibition entitled «Ciaooooooo!» at the «MIIT» museum in Turin from 21 April to 7 May 2016.

JAPAN

Morita, Machiko (Full Member)

- Machiko can look back on a busy time in 2015/2016. In addition to numerous painting demonstrations and participations in collective exhibitions, she also held solo exhibitions. One of them, entitled «A thousand poems and paintings», took place at the «Takarazuka»

gallery in Tokyo on 18 May 2016. Her works were also displayed at Kodaira City Center in Tokyo on 20 May 2016 and in the city of Shizuoka on 28 May 2016.

POLAND

Kmiecik, Stanislaw (Full Member)

- Stanisław participated in an exhibition in the Polish Slovak Gallery in the Slovakian town of Bardejov from 22 March to 10 April 2016. He exhibited thirty works on this occasion.

SWEDEN

Sjöström, Jennie (Scholarship Holder)

- Jennie was very busy in 2015 and 2016. She exhibited a selection of her works at a major art exhibition in Gothenburg in August 2015. The exhibition which she held at the Expressions Gallery, Long Island, New York in December 2015 was certainly one of her highlights. She also had the honour of presenting her works with artists from all over the world at the «ArtExpo2016» in Milan in September 2016.

SINGAPORE

- Several painting demonstrations by mouth and foot painters were held in Singapore. They included a painting demonstration at the St. James Church nursery school which was held on 3 August 2016. Similar demonstrations took place at the British Council on 21 July 2016 and at the Nee Soon East Community Centre on 23 July 2016.

History of the VDMFK

Sydney 2000: 10th Delegates' Convention

Marking the new millennium "down under"

To celebrate the new millennium, the Association invited delegates to a convention in Sydney from 7 to 12 March 2000. This meant that the VDMFK was "down under" as a guest for the first time in its history. Unfortunately, President Marlyse Tovae was unable to travel to Australia, so she was represented by the Legal Consultant, Dr Dr Herbert Batliner, who also chaired the conference. Since almost the entire Management Board had already been confirmed in office at the General Assembly which had been held in Vienna in 1997, only Board Member Prof Manuel Parreño was obliged to stand for re-election under the Articles of Association. Given that there were no other candidates, Prof Parreño was confirmed by acclamation in office.

A new election had had to be held because Board Member Mr Charles Fowler had died just four weeks after the General Assembly in Vienna. Here, the Board proposed Mr Trevor C. Wells, a mouth painter from the UK, for elec-



Today's VDMFK Board Member Kun-Shan Hsieh from Taiwan gave a painting demonstration at the opening of the exhibition in 2000.



The Premier of New South Wales and Minister for the Arts, Mr Bob Carr, opened the exhibition. He was presented with a painting by Full Member Ms Margaret Greig, a mouth painter from Australia.

tion. No further proposals were submitted to the Convention, so Mr Wells was elected by acclamation to the Management Board of the VDMFK. After the Delegates' Convention in Sydney 2000, the Management Board was therefore composed as follows:

Ms Marlyse Tovae, President
Mr Eros Bonamini
Ms Ruth Christensen
Mr Bruce Peardon
Prof Manuel Parreño
Mr Trevor C. Wells
Dr Dr Herbert Batliner, Legal Consultant

A further highpoint of the week in Australia was the international exhibition which took place at the Museum of Contemporary Art in Sydney from 7 to 12 March 2000. Over 100 pictures were on display at the exhibition. The Premier of New South Wales and Minister for the Arts, Mr Bob Carr, was one of the guests of honour. He was presented with a picture of Sydney Harbour Bridge by Ms Margaret Greig, a mouth painter from Australia. On the part of the Association, Mr Bruce Peardon, Board Member from Australia, used the opportunity to address a few words to the many assembled quests on behalf of the President, Ms Marlyse Tovae.



Mr Bruce Peardon, a Board Member from Australia, used the opportunity to address a few words to the many assembled guests on behalf of President Marlyse Tovae.



Ah Kwai Ng (Full Member/Malaysia), 'Fanning for prosperity', watercolour, 38x28 cm.

Information from the office

Submission of originals

The office of the Association kindly asks all artists to read and take note of the following information.

All consignments of originals sent in to the VDMFK are subject to inspection by the Swiss Customs Administration (Liechtenstein is Swiss Customs Territory and part of the Swiss Currency and Economic Area). Import levy is imposed on all originals, which will be paid by the VDMFK.

As artists constantly send their originals to the VDMFK we have commissioned the forwarding agency DHL Logistics AG, Switzerland, to handle this difficult matter

We therefore request you to send all your parcels containing originals to the following address:

DHL Logistics (Schweiz) AG DHL Freight Division Attn. Mr. Kurt Schäpper (VDMFK) Heldaustrasse 66 CH-9471 Buchs **SWITZERLAND**

Please keep in mind the following points when you send in your paintings:

- -no framed paintings
- -no passe-partouts
- -no eye bolts or other hanging devices
- -no oil paintings that are not dry

Please write the following information on the reverse of your original:

- name
- country
- original title
- technique
- on sale or not on sale

With your cooperation you save us additional correspondence and considerably facilitate the work of the VDMFK.

Please send **only** originals to DHL but no correspondence, reports, photographs, catalogues, biographies, etc.

All your correspondence etc. should be addressed solely to the:

VDMFK Im Rietle 25 P.O. Box 818 FL-9494 Schaan **Principality of Liechtenstein** Email: vdmfk@vdmfk.li

Return of originals

Due to lack of storage we have to return the originals to our artists from time to time. We send back those originals that have already been reproduced or motifs that are not needed for other purposes any more. The VDMFK does not need these paintings any more, so please do not submit the returned originals again. You can use your works for your exhibitions or sell them. However, please take into account that the purchaser does not acquire the right to reproduce the original.

For private sales please use the form of the VDMFK, which has to be signed by the respective purchaser.

Painting school

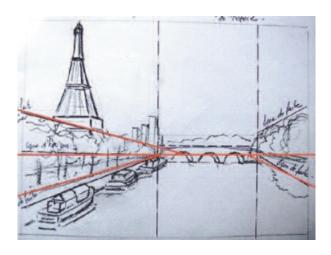
Serge Maudet, President of the VDMFK and mouth painter from France, reveals tips and tricks about the art of mouth and foot painting.

From composition to colour



Our subject for today is Paris and the Eiffel Tower. Take the time to look at your subject carefully and search for its geometric forms.

Auxiliary lines for constructing and partitioning the space

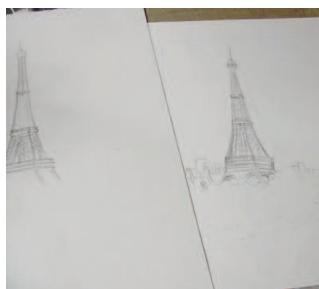


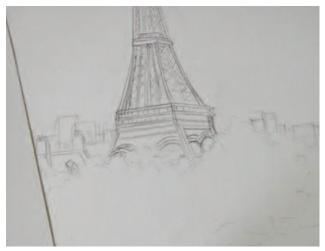
Note the one-third rule, i.e. $\frac{1}{3}$ - $\frac{2}{3}$. Note also the horizon line and the vanishing lines.

Painting school

Simplifying the drawing







Simplify the drawing by creating geometric forms. Then work on their interiors to refine the drawing.

Painting school

<u>First apply the colours, then add the</u> shadows



First colour in the sky. This enables you to give the picture its general mood. Then add the shadows in accordance with the incidence of the light.



The result

Once you have followed all this advice and your picture is complete, check to see whether you have captured the mood of the subject.



Health and care

This edition of the VDMFK magazine sees the launch of the new "Health and care" feature. Here, the first article has been written by mouth painter Mr Paulus Ploier from Austria.

Good health to all of us

Now confined to a wheelchair for 32 years, I have been through many times of mental and physical distress. Thanks to the Association, however, I have been able to afford the best possible courses of therapy and to complete a training course in psycho-social support. I work with conviction in this field today alongside my activities as a mouth painter.

ne thing has always been clear to me: mouth painting is very tiring and extremely difficult business in times of pain and fear. At such stressful moments, the feeling of pleasure we have when we paint our special pictures seems far removed. That's why our vitality and health form the most important basis for our creative work. Here, we can take a unique opportunity in our worldwide community to benefit from a valuable discussion of the most important thing in our lives good health. For this reason, I am delighted to inaugurate the new feature: 'Health and care' in this issue of the VDMFK magazine.

My current issue for discussion: antibiotic resistance

Many of us have problems with the urogenital area due to restricted freedom of movement. Some months ago, I myself was forced to face the sober reality that I am resistant to all the antibiotics I had previously been allowed to take. Up to that point I had repeatedly heard of people sitting in a wheelchair like myself who were confronted with this terrible problem. All I could do in this case was keep going back to the hospital (for endless injections and infusions, etc.). And then, once I was back home, everything would start off again after a while.



Mouth painter Mr Paulus Ploier from Austria writes about antibiotic resistance and the natural dietary supplement 'Utipro plus'.

t was precisely at this crucial point I that my family doctor, a general practitioner, prescribed me a new natural 'drug'. It is a natural plant product, not a poison, and serves mainly to support the intestinal flora – because it works from there. In addition, it is registered as a dietary supplement in Austria and goes under the name 'Utipro plus' in both Austria and Germany. It includes ingredients such as propolis, hibiscus and sage. You need to be a little patient for a few days when you use it because it doesn't act as aggressively as a conventional antibiotic. Since it does not cause resistance, you can take it on a permanent basis.

I've recommended it to several fellow artists and they're delighted because of its positive effect on them. The positive experiences of my family doctor are based on use of 'Utipro plus' on elderly patients (particularly in regard to elderly people with a residual urine problem).

wish you all good health and good luck in creating your new works. May you continue to benefit from positive experiences and may this new 'Health and care' feature prove useful to all of us.

Kind regards, Paulus Ploier

Would you also like to provide other mouth and foot painters with health and care tips?

Then please don't hesitate to send your contributions to the VDMFK office. We will subsequently publish them in one of the forthcoming VDMFK magazines.

Thank you very much.



Grant William Sharman (Full Member/New Zealand), 'Wedding candle', watercolour, 42x30 cm.

Publishers' activities

AUSTRALIA

- Various artists from Australia and New Zealand participated in the Royal Queensland show in Brisbane which was held during August 2016. The show proved to be a great success with the public, especially since works by numerous international artists were on display and because several artists gave painting demonstrations which aroused great interest among the thousands of spectators. Consequently, the event received wide media coverage. The show lasted ten days. The following mouth and foot painters provided painting demonstrations: Margaret Greig (Full Member/Australia), Kevin Bruce Griffiths (Associate Member/New Zealand), **Grant Alexander Philip (Scholarship** Holder/New Zealand), Simon Rigg (Scholarship Holder/Australia), Grant William Sharman (Full Member/New Zealand) and Kerrin Tilley (Associate Member/New Zealand). Awards for works went to the following artists: 1st prize: Yitzhak Adir (Full Member/Israel). 2nd prize: Silvo Mehle (Associate Member/Slovenia). 3rd prize: Margaret Greig (Full Member/Australia). «Highly commended» were the works by Leandros Arvanitakis (Scholarship Holder/Greece). «Commended» were the paintings submitted by Glenn Barnett (Full Member/Australia) and Theresa Helen Matthias (Full Member/Canada).



Scholarship Holder Richard Allan Tuki also gave a painting demonstration at the Royal Queensland show.



The painting skills of the mouth and foot painters were admired by several thousand spectators at the Royal Queensland show.



Distinguished visitors among the mouth and foot painters at the Royal Queensland show: Mrs Kaye de Jersey, the wife of the Governor of Queensland, is seen here wearing a white hat. Wearing a blue jacket at the stand of the Australian mouth and foot painters is Ms Annastacia Palaszczuk, the Prime Minister of Queensland.



Many children and young people took the opportunity to watch the mouth and foot painters at work.

Publishers' activities

FRANCE

- The French publishing house staged a total of four collective exhibitions between 1 November 2015 and 31 July 2016, during which 90 works by artists from all over the world were presented in Plérin (Côtes-d'Armor) from 20 to 22 November 2015. In addition to three further artists, VDMFK President Mr Serge Maudet provided painting demonstrations throughout the duration of the exhibition. From 5 to 13 December 2015, works from all over the world were on public display at the gallery run by Full Member Henri-Clairy Hembert in Berck-sur-Mer (Pas de Calais). An exhibition was held in collaboration with the local authority of Esquelbecq (Nord) from 1 to 3 April 2016. Some 100 works were viewed by 750 visitors. The event also featured painting demonstrations by VDMFK President Mr Serge Maudet, Full Member Mr Henri-Clairy Hembert, and Scholarship Holder Ms Christine Minet. The most recent exhibition was held at the 'Orangerie du Château de la Tour d'Auvergne' in Thouars from 13 to 15 May 2016. It featured 119 paintings which were seen by 650 people. The exhibition was opened by the local mayor. In addition, the French publishing house has also taken part in exhibitions held in Le Pennes-Mirabeau, Nice and Vitry-sur-Seine.



The mouth and foot painters taking part in the exhibition held in Thouars consisted of Mr Joseph Martins, VDMFK President Mr Serge Maudet, the Mayor of Thouars, Mr Arnaud Dubarre, and Mr Annick Leclerc (from left to right).



The 'Orangerie du Château de la Tour d'Auvergne' in Thouars provided a memorable setting for the exhibition.



Foot painter Mr Henri-Clairy Hembert during his painting demonstration in Esquelbecq.



Scholarship Holder Ms Christine Minet during her painting demonstration at the exhibition in Esquelbecq.







